

Course Outline

High School Rosemead High School

Title: <u>Basketball</u> Transitional* _____ (Eng. Dept. Only) Sheltered (SDAIE)* _____ Bilingual* _____ AP** _____ Honors** _____ Department: <u>Physical Education</u> Grade Level (s): <u>10, 11 & 12</u> Semester _____ Year <u>X</u> Year of State Framework Adoption _____	This course meets graduation requirements: <input type="checkbox"/> English <input type="checkbox"/> Fine Arts <input type="checkbox"/> Foreign Language <input type="checkbox"/> Health & Safety <input type="checkbox"/> Math <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Science <input type="checkbox"/> Social Science <input type="checkbox"/> Elective	<table border="0" style="width: 100%;"> <thead> <tr> <th style="text-align: left;">Department/Cluster Approval</th> <th style="text-align: left;">Date</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </tbody> </table>	Department/Cluster Approval	Date	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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*Instructional materials appropriate for English Language Learners are required.

**For AP/Honors course attach a page describing how this course is above and beyond a regular course. Also, explain why this course is the equivalent of a college level class.

1. Prerequisite(s):

2. Short description of course which may also be used in the registration manual:

To develop efficient and effective motor skills, to understand the principles involved and to develop an appreciation for the aesthetic quality of movement.

To develop and maintain the best possible level of performance, understanding and appreciation for physical fitness to meet the demands of wholesome living.

To develop a positive self-image which includes awareness and understanding of the performance of one's body.

To develop socially desirable behavior involving movement in interactions with others.

To develop interest and proficiency in using the skills essential for successful participation in worthwhile physical reaction activities.

To develop a knowledge and understanding of rules, techniques and terminology of all activities taught.

3. Describe how this course integrates the schools ESLRs (Expected School-wide Learning Results):

Interpersonal Skills: Students will be productive community members by learning to respect diversity, exercise rights, accept responsibility and work cooperatively with others while doing work for the class and while working cooperatively on the court.

Personal Skills: Students will make informed decisions, set goals, take actions and evaluate results while exhibiting honesty, integrity and personal accountability as they participate in the course.

4. Describe the additional efforts/teaching techniques/methodology to be used to meet the needs of English Language Learners:

- a) SIOP (Sheltered Instruction Observation Protocol) strategies will be incorporated into lessons.
- b) SDAIE (Specially Designed Academic Instruction in English) strategies will be incorporated into lessons.
- c.) Modeling/ demonstration will be incorporated.

5. Describe the interdepartmental articulation process for this course:

Department will work together to assess the success of the course as well as make changes when necessary

6. Describe how this course will integrate academic and vocational concepts, possibly through connecting activities. Describe how this course will address work-based learning/school to career concepts:

7. Materials of Instruction (Note: Materials of instruction for English Language Learners are required and should be listed below.)

A. Textbook(s) and Core Reading(s):

-Krause, Jerry, Basketball Skills & Drills, 3rd Ed. 2008

B. Supplemental Materials and Resources:

Basketballs, Gym basketball courts and outside black top basketball courts

C. Tools, Equipment, Technology, Manipulatives, Audio-Visual:

8.

▪ **Objectives of Course**

To improve basic skills through drills and game practice and to implant game strategies for greater enjoyment.

To promote fitness through daily vigorous activities.

To realize self-worth, knowledge of capabilities and limitations, and achieve personal grooming and health standards.

To develop self-subordination and cooperation, as well as self-direction and leadership by working successfully in a structured group activities.

To successfully participate in an activity that can be played at all ages and skills levels.

To increase knowledge in history of the sport, care of equipment, officiating techniques, rules and strategies.

- **Unit detail including projects and activities including duration of units (pacing plan)**

Activities

Teacher lectures
Demonstrations
Skill Drills
Modified games
Videos
Competition
Skills test
Guest speaker
Charts diagrams
Field trips
Written Test
Activities pamphlet

Units of Study

Instructions-History
Equipment-care and selection
Basic Skills
Ball handling
 Passing and Catching
Dribbling

Shooting
 Field Goal Shooting
 Free-Throw Shooting

Individual Defense
 On-the-Ball
 Off-the-Ball

Rebounding
 Offensive
 Defensive

Team Offense and Defense
 Player Positions
 Team Tactics

Rules and Safety
Hand signals
Focal point for calls

Officiating

Team tournament

- **Indicate references to state framework(s)/standards (If state standard is not applicable then national standard should be used)**
- **Student performance standards**
- **Evaluation/assessment/rubrics**
- **Include minimal attainment for student to pass course:**

Students must identify and follow rules while playing sports and games. Demonstrate movement skills and movement knowledge. Also express social development with other students and staff and show evidence of a positive self-image. Identify and follow rules while playing sports and games.