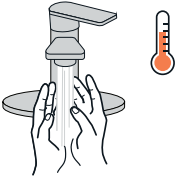


# Return Instructions

Double check that you registered your sample at [everlywell.com/register](https://everlywell.com/register) and added the ID sticker with your information to the sample tube.

1



## Wash your hands

Wash your hands thoroughly with soap and water for 20 seconds.

2



## Assemble box

Assemble your shipping box. Watch our box assembly video at [everlywell.com/collect](https://everlywell.com/collect).

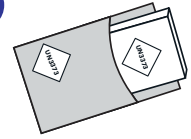
3



## Prepare sample

Place your biohazard bag inside the box. The box provides extra protection during transit.

4



## Put box in mailer

With clean hands, place the shipping box into the prepaid mailer. Apply the shipping label to the front of the mailer. **Do not cover the UN3373 label.**

5



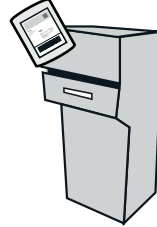
Alcohol prep pad



## Disinfect the mailer

Use the provided alcohol prep pad to disinfect the mailer, avoiding the address label, before completing the final shipping step.

6



## Ship

Deliver the pre-paid, pre-addressed return pack to the appropriate carrier's drop box. It's important you drop off your sample on the **same day you collect before the last pickup** for overnight shipping. **Do not deliver sample to a drop box on the weekend.**

1S-EVW-CVD19 r002

\*This home collection kit has not been FDA cleared or approved.  
\*This home collection kit has been authorized only for the home collection and maintenance of nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens.  
\*This home collection kit has been authorized by FDA under an EUA.  
\*This home collection kit has been authorized only for the home collection and maintenance of nasal swab specimens as an aid in detection of nucleic acid from SARS-CoV-2, not for any other viruses or pathogens.  
\*This home collection kit in combination with the authorized test is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of in vitro diagnostic tests for detection and/or diagnosis of COVID-19 under Section 564(b)(1) of the Act, 21 U.S.C. § 360bbb-3(b)(1), unless the authorization is terminated or revoked sooner.

## What's next?

1. Once your sample is received, the lab will process your sample, assuming it passes all quality checks. We'll contact you if there are any issues.
  2. A board-certified physician will review your results and securely transmit them to us.
  3. We'll email you as soon as your results arrive.
- Check the status of your order any time by going to [everlywell.com/orders](https://everlywell.com/orders)

## COVID-19 Test Home Collection Kit

### Instructions

#### Your kit includes:



Swab and tube



Kit ID stickers



Biohazard bag



Absorbent sheet



Return box



Return envelope






Return label



Alcohol prep pad

## Questions?

support.everlywell.com   
contact@everlywell.com   
855.422.3855 

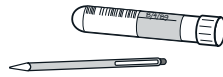
# Important Reminder

Be sure to complete these 3 steps before mailing your kit.

## Register kit



## Fill out kit ID sticker



## Same day ship



Visit [www.everlywell.com/register](http://www.everlywell.com/register) and complete your registration.

The lab **can only** process your samples if you:

- Register your sample at [everlywell.com/register](http://everlywell.com/register)
- Fill out ID sticker and affix to your sample tube
- Ship samples the same day you collect

# Sample Collection Instructions

Please follow all instructions closely to ensure proper precautions are taken for packaging and sending COVID-19 samples to our collection labs. Make sure you can ship the same day you collect.



## 1 Register

You must register your kit at [everlywell.com/register](http://everlywell.com/register) before you collect. The lab cannot process your sample if this step is missed.



## 2 Watch video

For best results, watch our collection video at [everlywell.com/collect](http://everlywell.com/collect) before you start.



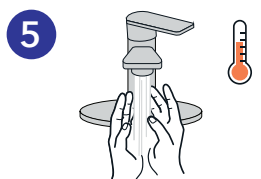
## 3 Locate drop box

Check your return label to determine if your package will be shipped via FedEx or UPS. Visit the carrier's website to view drop box locations and pick up schedules. Do not deliver sample to a drop box on the weekend. **Drop off your sample on the same day you collect before the last pickup.**



## 4 Fill out kit ID sticker

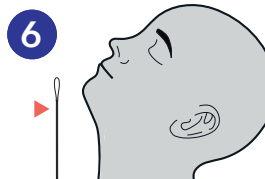
Place ID sticker on the collection tube. Do not cover the barcode sticker already on the tube. Write your full name, date of birth, and the date of collection. Your information **must** match what you used to register your kit. **Do not pour the liquid out of the tube.**



## 5

## Prep space and wash hands

Disinfect surfaces where you will be completing your test. Blow your nose. Then thoroughly wash your hands with soap and water for 20 seconds prior to collection.



## 6

## 6 Prepare to collect

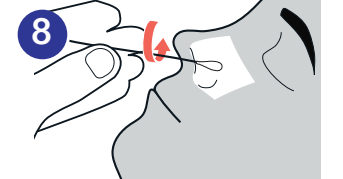
Before inserting the swab, locate the perforation on the swab (near the tip) as you will need this after you collect your sample. Then tilt your head back to approximately a 45 degree angle.



## 7

## 7 Insert nasal swab

Hold the swab below the perforation line. Gently and slowly insert the swab into your nostril, **about 1 inch** until gentle resistance is met.



## 8

## 8 Collect swab sample

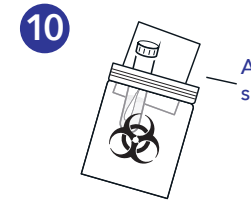
Rotate the swab 3 times all the way around the nasal wall with a slight pressure. Remove swab. **Repeat this process in the other nostril using the same swab.**



## 9

## 9 Place the swab sample in the tube

Place the swab sample (tip down) in the tube without spilling the liquid. Break the swab at the perforated line (near the tip) and leave in tube. Tightly seal cap.



## 10

## 10 Place tube into bag

Place absorbent sheet and sample tube into the protective biohazard bag. Follow return instructions on the reverse.

What's next? →